# The **Enneagram** in Private Practice

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## **Do** ....

- Use the Enneagram to get to know new hires
- Appreciate each type's contributions to the team
- Be aware of how your type affects your work as a practice owner

## Don't....

- Make hiring decisions based on Enneagram type
- Stereotype people based on their personality type
- Make every meeting or conversation about the Enneagram



#### **Type 1 - The Reformer**

- Prefers clearly defined roles and expectations
- Hardworking, ethical, and considerate
- · Harder on themselves than you can be
- May have unrealistic expectations of others, or get upset when others don't follow the rules





#### Type 2 - The Helper

- · Works hard to please authorities
- Friendly, amiable, and compassionate
- Wants to connect with co-workers in social settings
- May have trouble expressing own needs or asking for help

#### **Type 4 - The Romantic**



- Comfortable with all kinds of emotions
- Unique, creative, and self-conscious
- Want to be appreciated for their unique contributions
- May struggle to complete mundane tasks

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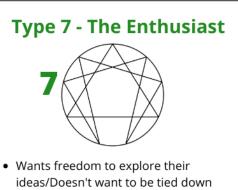
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- Wants personal space and boundaries to be respected
- May be hesitant to share personal info



- Asks questions and analyzes potential problems, an analytical problem-solver
- Reliable, engaging, and dedicated
- Wants to be part of a stable organization
- May be cautious and slow to trust



- Optimistic, spontaneous, and fun-loving
- Keeps conversations light and positive
- May be easily distracted and struggle to focus



